



IMTRA Incoma Madrid Dr Enrique Galindo Andújar 915545405 WhatsApp 695921640 www.incoma.info © Edward Olive

Medical Team - IMTRA - Instituto Madrileño de Traumatología - Incoma Medical Center in Spain

Tel: (0034) 915545405 WhatsApp: (0034) 695921640 Email: info@enriquegalindo.info

Doctor Rosa de Vega Jose - Curriculum Vitae

Traumatology and orthopaedic surgery.

Official Titles and Appointments

- Bachelor of Medicine and Surgery from the Autonomous University of Madrid.
- Specialist in Trauma and Orthopedic Surgery 1994.

Papers and Attendance at Courses & Conferences

- SEPTEMBER 1990: Attendance at the "Histophysiology of testicular development" organized by the Faculty of Medicine of the Autonomous University of Madrid.
- January-February 1992: Attendance at "Lifesaving First Aid " given by the Spanish Red Cross.
- March 1995: Attendance at the "Basic Course II - Knee Pathology" organized by the Department of Traumatology and Orthopaedic Surgery Knee Unit of Hospital La Paz in Madrid Spain.
- APRIL 1995: Attendance at the "III International Course of Reconstructive Knee Surgery", organized by the Department of Traumatology and Orthopaedic Surgery. Knee Unit of the Hospital La Paz in Madrid.

- APRIL 1996: Attendance as rapporteur to "Basic Hip Pathology Course" organized by the Department of Traumatology and Orthopaedic Surgery Hospital La Paz in Madrid.

- APRIL 1996: Attendance at the "International Course of Reconstructive Surgery of the Hip", organized by the Department of Traumatology and Orthopaedic Surgery Hospital La Paz in Madrid.

- May-June 1996: Attendance at the "Second Congress of the Spanish Society for Surgery of the Shoulder and Elbow" organized by the Shoulder and Elbow Unit of the Department of Traumatology and Orthopaedic Surgery Hospital "La Paz" in Madrid.

- OCTOBER 1996: Assistance at the "SECOT XXXIII National Congress" organized by the Department of Traumatology and Orthopaedic Surgery, Hospital de Sant Joan d'Alacant.

- OCTOBER 1996: Attendance at the "IV Course Fundamental Principles of Bone Fixation" organized by the Service of Traumatology and Orthopaedic Surgery, Hospital Gómez Ulla de Madrid.

- NOVEMBER 1996: Assistance at the "I Refresher Course on Biomaterials and suture anchors" organized by the laboratory Ethicon- Mitek, Hospital Ramón y Cajal in Madrid.

- FEBRUARY 1997: Attendance at the course "Surgical treatment of hip fractures" organized by the hospital of El Escorial.

- March 1997: Attendance at the "IV International Course of Reconstructive Knee Surgery", organized by the Department of Traumatology and Orthopaedic Surgery, Hospital La Paz in Madrid.

- March 1997: Speaker in "Basic Course III - Knee Pathology" organized by the Department of Traumatology and Orthopaedic Surgery, Hospital La Paz in Madrid.

- OCTOBER 1997: Assistance at the "Basic Trauma Course on the treatment of fractures of long bones" and the "Advanced Course on trauma" organized by the Traumatology Service of Hospital Ramón y Cajal, Madrid.

- DECEMBER 1997: Assistance at the "Basic Course in Hand Surgery" organized by the Department of Orthopaedic Surgery at Hospital La Paz in Madrid.

- APRIL 1998: Assistance at the "Course in trauma patient care" organized by the Department of Orthopaedic Surgery and Traumatology of Hospital La Paz in Madrid.

- JULY 1998: Attendance at "VI course Fundamentals bone fixation" organized by the University of Salamanca.

- SEPTEMBER 1998: Assistance "SECOT XXXV Congress.
- NOVEMBER 1999: Assistance at "AO Basic Course regional osteosynthesis".
- DECEMBER 2006: Internet Support course taught by The College of Physicians of Madrid.
- MARCH 2009: Assistance "XVIII International course in reconstructive knee surgery" organized by the Department of Orthopaedic Surgery at Hospital La Paz in Madrid.
- APRIL 2010: Assistance at the "XIX International Course reconstructive hip surgery", organized by the Department of Orthopaedic Surgery and Traumatology Hospital La Paz, Madrid.
- FEBRUARY 2011: Completion of "Basic Life Support Course for Personal Health Team" included in the "Program Emergency Cardiovascular Care SEMES-AHA" ICOMEM organized by the Foundation for Education and Health Education (accredited 5 credits by the Continuing Education Committee).
- APRIL 2011: Assistance "I Refresher Course of the Musculoskeletal Tumor" organized by the ICOMEM Foundation for Education and Health Education (credited with 1.8 credits).
- MAY 2011: Assistance at the "XX International Course of osteoarticular reconstructive surgery: shoulder and elbow surgery," organized by the Department of Trauma and Orthopaedic Surgery - Hospital La Paz, Madrid.
- MARCH 2012: Assistance "XXI International Course of osteoarticular reconstructive surgery: hip and knee arthroplasty" organized by the Department of Traumatology and Orthopedics Hospital La Paz, Madrid.
- NOVEMBER 2012: Completion of course "Advanced Cardiovascular Support (ACLS / ACLS) for Healthcare Professionals" included in the "Program of Emergency Cardiovascular Care SEMES-AHA" (credited with 9.1 continuing education credits).

Doctoral Courses

- NOVEMBER 1997: "Injuries of peripheral nerves. Diagnosis and treatment. " Organized by the Department of Surgery (Neurosurgery) of the Hospital La Paz in Madrid. Duration: 16 hours. Credits: 2.
- JANUARY - FEBRUARY 1998: "Pathology of the infant hip". Organized by the Department of Pediatrics (Children's Orthopedic Service) Bambino Gesù Hospital of Madrid. Duration: 16 hours. Credits: 2.
- FEBRUARY 1998: "Treatment of infectious disease and spinal cord tumor." Organized by the Department of Surgery (Neurosurgery) of the Hospital La Paz in Madrid. Duration: 16 hours.

Credits: 2.

- FEBRUARY 1999: "Cranial and facial trauma" organized by the Department of Surgery (Neurosurgery) of the Hospital La Paz in Madrid. Credits: 3.

- February-March 1999: "Pathology of the infant hip II". Organized by the Department of Pediatrics Bambino Gesù Hospital of Madrid. Credits: 3.

Publications and Research Work

- 1992: Co-author of the research published in the international journal "Archives of Andrology," entitled "Number and DNA content of hypertrophic spermatogonia in the normal and cryptorchid human testis".

- 1994: Co-author of the research results of which were presented at the Conference on Preventive Medicine and Public Health, Faculty of Medicine UAM, entitled "Prevalence of HPV infection, Chlamydia and Mycoplasma in women Area 5 of Madrid" .

- 1999: "Study of all cases of osteochondromatosis in the Hospital La Paz in Madrid. Results of treatment. "

Other Skills

- English

Professional Experience

- JULY 1994: physician in summer camps organized by the Association Vera SL

- Internal Medical Resident in the specialty of Traumatology and Orthopaedic Surgery at the Hospital La Paz in Madrid (from January 1995 until December 31, 1999).

- Assistant Physician in the trauma service of Hospital San Rafael in Madrid Spain.

- Optional Area Specialist (Hospital La Paz in Madrid)

- Currently trauma team member with Dr Enrique Galindo Andujar IMTRA Incoma (Institute of Orthopedic Surgery of Madrid).

Services

Hip arthroplasty

Total knee arthroplasty prosthesis

Arthroscopy patellar dislocation

Knee arthroscopy

Hip surgery
Bunion surgery
Arthrolysis surgery
Surgery - ligament and meniscus injuries
Surgery - acromioclavicular dislocation
Repair - phalanx fracture displacement

Tests and Procedures

Hip arthroplasty
Total knee arthroplasty prosthesis
Arthroscopy patellar dislocation
Knee arthroscopy

Diseases

Adhesive capsulitis
Tennis elbow
Chondromalacia patella
Hammer Toe

Tel: (0034) 915545405 WhatsApp: (0034) 695921640 Email: info@enriquegalindo.info

Medical Team - IMTRA - Instituto Madrileño de Traumatología - Incoma Medical Center in Madrid



Services provided by the IMTRA Incoma Clinic

Services of the IMTRA Incoma clinic include:

Traumatology and Orthopedics

The Madrid Institute of Traumatology (Instituto Madrileño de Traumatología - IMTRA - Incoma) has a team of specialists led by Dr. Enrique Galindo Andújar, providing the highest level of medical services to patients in the field of orthopedic surgery and traumatology.

Arthroscopy

Arthroscopy is a minimally invasive surgical procedure. It allows us to inspect, diagnose and treat any damage to a joint. The advantages over traditional open surgery are that the joint does not have to be fully opened up.

Fully Open High Field Magnetic Resonance Imaging MRI scanning

Treatments with resonance results in just 48 hours. IMTRA Incoma in its clinic in Madrid, Spain offers fully open high field MRI (Magnetic resonance imaging) which offers unparalleled picture quality and greater patient comfort. With a field of 1.0 Tesla, superior even to some closed resonances, IMTRA Incoma is able to obtain very high quality images, almost without noise, in only about 20 minutes, whilst the patient is sitting comfortably. This fully open MRI scanner combines the latest cutting edge technology in image quality (the images obtained have a definition like a conventional closed MRI: 1 Tesla) together with maximum comfort for the patient because he or she can just sit comfortably in a chair outside the machine, and so only entering the limb to be analyzed within the receiving antenna. IMTRA Incoma obtains very accurate images of the arm, including the elbow, wrist and hand, or of the leg, including the knee, ankle and foot getting the image quality and consistency you would get with a more powerful magnet, thanks to the patient moving less and as the antenna better fits around the joint.

HBOT Hyperbaric Oxygen Therapy

Hyperbaric medicine, also known as Hyperbaric Oxygen Therapy (HBOT), is the medical use of oxygen at a level higher than atmospheric pressure, in a hyperbaric chamber. The hyperbaric chamber that we have in our medical center, is one of the most modern monoplace chamber. It is at the disposal of athletes and patients. The medical and sports uses of the hyperbaric chamber are:

- Decompression sickness (divers, aviator, etc.)
- Treatment of sports and athletic injuries and sports performance enhancement:
 - o Prevention and treatment of injuries caused during sports and exercise;
 - o Physical preparation of the athlete, sportsman, sportswoman for high level performance;
 - o Increase exercise tolerance;
 - o Treatment of and speeded up recuperation from overtraining (when the intensity of the exercise has exceeded the recovery capacity of the athlete);
- Treatment of cases of delayed healing of wounds,

fractures and other injuries; · Carbon monoxide or cyanide poisoning; · Sudden hearing loss, central retinal artery occlusion, ischemic encephalopathy, etc.; · Gas gangrene. The benefits of the hyperbaric oxygen therapy are: · Hyper oxygenation (restoring oxygen to depleted cells and tissues); · Help to clean toxic gases; · Assisting in the growth of new blood vessels; · Formation of collagen and new tissue growth; · Enhanced white blood cell's increased ability to destroy bacteria and fungi; · Reduce swelling, inflammation, bruising, infection, scarring and recovery time from surgery and injury.

Human Growth Factors Treatments - Plasma Rich in Growth Factors (PRGF) (PRP)

Treatment with growth factors specialist clinic in Madrid Spain for treatments for Chronic tendonitis, sports injuries, cartilage injuries, fibromyalgia, myofascial syndrome, fractures and degenerative joint lesions. Dr Enrique Galindo Andujar and the IMTRA Incoma clinic in Madrid Spain carries out treatments with growth factors in the following cases: Chronic tendinitis Being able to reverse in some cases local inflammatory processes and thus also reduce pain. It gives very good results in Achilles tendonitis, plantar fasciitis and epicondylitis (otherwise known as tennis elbow). Sports injuries Such as muscle or tendon injuries and ligament injuries of any joint, reducing downtimes of professional and amateur athletes, sportsmen and sportswomen. Cartilage injuries - Pain trigger points In conditions such as fibromyalgia or myofascial syndrome, where there is widespread muscle pain. Fractures Contributing positively to the consolidation of the fractured bone. Degenerative joint injuries Contributing positively in the case of degenerative joint injuries.

Physiotherapy and Rehabilitation

The IMTRA Incoma physiotherapy and rehabilitation center in Madrid has vast experience in this sector, achieved after 20 years of experience. The clinic works with private patients, patients from the leading medical and mutual insurance companies in Spain and patients referred from the Spanish Social Security. All our physiotherapists are fully qualified and certified professionals and have extensive individual and group session timetable availability slots that can be adapted to best suit your professional and personal schedule.

Physio-Pilates / Pilates

For private patients we offer exclusive personalized treatment programs and now also Pilates and PhysioPilates sessions including after-work Pilates classes on weekday evenings.

Clinical Psychology

Clinical psychology, adult, child, anxiety, couple, addictive behaviors, phobias, stress, depression, low self-esteem, eating disorders, obsessions, problems of adjustment to bereavement, personality disorders, fears, jealousy, shyness, phobias, anxiety, depression, behaviour problems, social skills. Wellness and conflict resolution - Clinical psychology IMTRA Incoma's specialist psychologist José Luis Muñoz Blanco helps individuals, families and couples solve problems and resolve conflicts. His principal areas of specialisation include: • Adults: -

Anxiety, phobias, stress, depression, self-esteem, eating disorders, obsessions, problems of adjustment to bereavement, personality disorders. • Children and teenagers: - Fear, jealousy, shyness, phobias, anxiety, depression, behavior problems, social skills. • Couples: - Decision-making, communication, conflict resolution, negotiation skills. • Addictive behaviour.

Advanced Rehabilitation

Conventional Radiology

Tel: (0034) 915545405

WhatsApp: (0034) 695921640

Email: info@enriquegalindo.info

Dental Surgery

The Incoma dental practice prides itself on the kind of warmth of treatment that you can only get from a personalised, individual service that cannot be offered by franchises or the low cost dental practices. Incoma and Dr Beatriz Galindo guarantee you the peace of mind that you can only get from a truly experienced and professional who will always be there both for you and for your family. Patients can relax knowing that all operations are performed or personally supervised by Dr. Beatriz Galindo, who is not only one of Spain's leading dentists but also a well respected university professor for the master's course in dental surgery and implants at the Universidad Alfonso X in Madrid. Treatments offered by the Incoma dental surgery and Dr. Beatriz Galindo include: Periodontics Endodontics Pediatric dentistry Maxillofacial surgery Orthodontics Dental implants Dental prosthetics Oral pathology and also cosmetic dentistry such as: Dental whitening Veneers / porcelain crowns Modeling with composite aesthetic contouring Dental rejuvenation Cosmetic surgery of the gums Veneers / temporary crowns.

Doctor Beatriz Galindo Martens dentists Incoma dental surgery

Tel: (0034) 915545405

WhatsApp: (0034) 695921640

Email: info@beatrizgalindo.com

<http://www.beatrizgalindo.info/>



IMTRA Incoma Dr Enrique Galindo Andújar 915545405 WhatsApp 695921640 www.incoma.info © Edward Olive fotógrafo

Doctor Enrique Galindo Andujar Traumatology, orthopedic surgery and arthroscopy specialist with clinic in Madrid Spain. Surgeon specialised in shoulder, elbow, wrist, hip, knee, ankle and foot surgery.

Tel: (0034) 915545405

WhatsApp: (0034) 695921640

Email: info@enriquegalindo.info

Address: IMTRA Incoma Instituto Madrileño de Traumatología, Calle Explanada 16, 28040 Madrid Spain. Moncloa Aravaca area of Madrid / Avenida de la Reina Victoria. Nearest Metro station Guzman el Bueno.

Websites in English:

<http://www.enriquegalindo.net/>

<http://www.enriquegalindo.eu/>

Websites in Spanish:

<http://www.enriquegalindo.info/>

<http://www.enriquegalindo.biz/>

<http://www.imtra.eu/>

<http://www.incoma.info/>

Twitter:

<https://twitter.com/enriquegalindoa>

<https://twitter.com/imtraincoma>

Blogs in English:

<http://drenriquegalindo.blogspot.com.es/>
<http://rehabilitationmadrid.blogspot.com.es/>
<http://arthroscopysurgeon.blogspot.com.es/>
<http://growthfactortherapy.blogspot.com.es/>
<http://hyperbaricoxygentherapyhbot.blogspot.com.es/>
<http://dentistmadrid.blogspot.com.es/>

Blogs in Spanish:

<http://enriquegalindoandujar.blogspot.com.es/>
<http://imtra.blogspot.com.es/>
<http://incoma-madrid.blogspot.com.es/>
<http://artroscopiacirugiaartroscopica.blogspot.com.es/>
<http://resonanciaabierta.blogspot.com.es/>
<http://medicohiperbarico.blogspot.com.es/>
<http://losfactoresdecrecimiento.blogspot.com.es/>
<http://tratamientosantiedad.blogspot.com.es/>
<http://aportedecelulasmadre.blogspot.com.es/>
<http://rehabilitacionavanzada.blogspot.com.es/>
<http://fisioterapiafisioterapeutas.blogspot.com.es/>
<http://psicologiaclinicamadrid.blogspot.com.es/>
<http://radiologiamadrid.blogspot.com.es/>
<http://clinicadentalenmadrid.blogspot.com.es/>

Other blogs:

<https://www.flickr.com/photos/imtra/>
<http://www.flickriver.com/photos/imtra/>
<http://instagram.com/imtraincoma>
<http://imtraincoma.tumblr.com/>
<http://www.scoop.it/t/doctor-enrique-galindo-andujar>
<http://about.me/doctorenriquegalindoandujar>
<http://www.slideshare.net/EnriqueGalindoAnduja>

Video Channels:

<https://www.youtube.com/channel/UCp-xYqW2tUpbcCNUdNA9O8g>
<https://www.youtube.com/channel/UChIgc4wVUN2g13PKZ19exLg/feed>
<https://vimeo.com/user33145267>

Audio channels and podcasts:

<https://soundcloud.com/imtra>
<https://audioboo.fm/imtra>

LinkedIn and professional networks:

<https://www.linkedin.com/pub/enrique-galindo-andujar/23/a75/718>
<https://www.linkedin.com/company/instituto-madrile%C3%B1o-de->

traumatologia?trk=top_nav_home
https://www.linkedin.com/company/incoma-investigacion-y-cirugia-ortopedica?trk=company_name
<http://es.beperk.com/enriquegalindo/>
<https://independent.academia.edu/EnriqueGalindoAndujar>

Facebook pages:

https://www.facebook.com/pages/Enrique-Galindo-Andujar/1417861568470556?skip_nax_wizard=true#
<https://www.facebook.com/pages/IMTRA/760189797326718>
<https://www.facebook.com/pages/Resonancia-Abierta/237556323115539>
<https://www.facebook.com/pages/Incoma-Investigacion-y-Cirugia-Ortopedica-Dr-Galindo/715740265116067?id=715740265116067&sk=info>
<https://www.facebook.com/pages/Oxigenoterapia-hiperbarica-clinica-Imtra-Incoma-tratamientos-en-Madrid/672234049529068#>
<https://www.facebook.com/pages/HBOT-Hyperbaric-oxygen-therapy-in-Madrid-Spain-Imtra-Incoma-clinic/786552791366882>
<https://www.facebook.com/pages/Factores-de-crecimiento-tratamientos-IMTRA-Incoma-clinica-en-Madrid/508319862603818>
<https://www.facebook.com/pages/Growth-factors-treatments-IMTRA-clinic-Madrid-Spain-Dr-Enrique-Galindo/915896701772530>
<https://www.facebook.com/pages/Consulta-de-Psicologo-Madrid-Psicologia-Clinica-Jose-Luis-Munoz-Blanco/135456739962667>
<https://www.facebook.com/pages/Rehabilitacion-fisioterapia-fisioterapeutas-fisio-pilates-Madrid-IMTRA/442465232563594#>
<https://www.facebook.com/pages/IMTRA-rehabilitacion-fisioterapia-fisioterapeutas-fisio-pilates/738670959528397?ref=hl#>
<https://www.facebook.com/pages/Physiotherapists-physiotherapy-rehabilitation-center-physio-pilates-Madrid/143257152511303>
<https://www.facebook.com/pages/Clinica-dental-IMTRA-Dentista-en-Madrid-Doctora-Beatriz-Galindo/857763314250029>

Google+ in English:

<https://plus.google.com/u/0/b/110539549385291840562/+EnriquegalindoNettraumatologistmadridspain/about>

Google+ in Spanish:

<https://plus.google.com/b/105934240065727813666/105934240065727813666/about?hl=en>
<https://plus.google.com/b/103418489801459515558/103418489801459515558/posts?hl=en>
<https://plus.google.com/u/0/b/102090681291519705213/102090681291519705213/about?hl=es>

Google Site in English:

<https://sites.google.com/site/drenriquegalindo/>
<https://sites.google.com/site/traumatologyclinicmadridspain/>

<https://sites.google.com/site/arthroscopymadrid/>
<https://sites.google.com/site/hyperbaricoxygentherapyhbot/>
<https://sites.google.com/site/growthfactorstreatments/>
<https://sites.google.com/site/openhighfieldmriscan/>
<https://sites.google.com/site/customhipprothesis/>
<https://sites.google.com/site/customkneereplacement/>

Google Sites in Spanish:

<https://sites.google.com/site/doctorenriquegalindoandujar/>
<https://sites.google.com/site/imtramadrid/>
<https://sites.google.com/site/imtratraumatologiamadrid/>
<https://sites.google.com/site/clinicadetraumatologiamadrid/>
<https://sites.google.com/site/artroscopiamadrid/>
<https://sites.google.com/site/incomamadrid/>
<https://sites.google.com/site/camarahiperbaricamadrid/>
<https://sites.google.com/site/ohboxigenoterapiahiperbarica/>
<https://sites.google.com/site/factoresdecrecimientomadrid/>
<https://sites.google.com/site/fisioterapiafisioterapeutas/>
<https://sites.google.com/site/protesisdecaderaamedida/>
<https://sites.google.com/site/protesisrodillaconguiasamedida/>
<https://sites.google.com/site/consultapsicologiamadrid/>
<https://sites.google.com/site/rehabilitacionavanzadamadrid/>
<https://sites.google.com/site/aportedecelulasmadre/>
<https://sites.google.com/site/tratamientosantiedad/>
<https://sites.google.com/site/dentistasmadrid/>

Services of the clinic IMTRA INCOMA :

Traumatology (pathology of the hip, knee, ankle, foot shoulder, elbow and wrist) -
Contribution of human growth factors in platelet-derived pathologies - Rehabilitation from
Traumatology - Physiotherapy - Conventional Radiology - Fully Open Magnetic Resonance
Scanning for extremities (MRI Scan) - Hyperbaric Oxygen Therapy Chamber - Arthroscopy -
Orthopedic Surgery - Dental Surgery - Psychologist Consultations - Advanced Rehabilitation.

Copyright for images Edward Olive photographer and webmaster:

Photos, corporate videos, audio podcast recording, professional business portraits, website
design and online social network marketing for companies in Spain by Edward Olive
photography studio Madrid. All images are copyright all rights reserved by Edward Olive. Web:
<http://www.edwardolive.eu/> Email: edwardolive@hotmail.com Tel: (0034) 605610767



Incoma IMTRA
Tlf.:915545405

