



IMTRA Incoma Madrid Dr Enrique Galindo Andújar 915545405 WhatsApp 695921640 www.incoma.info © Edward Olive

Medical Team - IMTRA - Instituto Madrileño de Traumatología - Incoma Medical Center in Spain

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Curriculum Vitae Doctor Arturo Fernandez Breton

Arthroscopic surgery, sports medicine and orthopedic surgery. Knee surgery specialist - prosthetic Surgeon - Orthopaedic Surgery - Trauma and Orthopaedics Specialist of the hip.

STUDIES

- GRADUATE IN MEDICINE AND SURGERY - COMPLUTENSE UNIVERSITY OF MADRID 1978.
- JUNE 1980 DEGREE REVALIDATION.
- Specialist in Orthopaedic Surgery and Traumatology COMPLUTENSE UNIVERSITY OF MADRID, (FRANCISCO FRANCO PROVINCIAL HOSPITAL) FROM JUNE 1983.
- SPECIALIST IN SPORTS MEDICINE AND PHYSICAL EDUCATION FOR THE COMPLUTENSE UNIVERSITY OF MADRID JULY 1984

PROFESSIONAL EXPERIENCE

- HOSPITAL EXPERIENCE SINCE 1974 IN THE SERVICE OF TRAUMA AND EMERGENCY FRANCISCO FRANCO HOSPITAL (Dr. González Vicent).
- TRAUMATOLOGY SINCE 1984.

- TRAUMATOLOGIST OF IBERMUTUAMUR SINCE 1985.
- MEMBER SINCE 1989 OF THE INSTITUTE OF TRAUMA OF MADRID (IMTRA Incoma Clinic) Doctor Enrique Galindo Andujar.
- MEDICAL SPORTS AND SWIMMING TRAUMATOLOGIST - REAL MADRID - IN CHARGE OF SECTIONS OF BASKETBALL, RUGBY, WATER SPORTS: swimming, diving, water polo and synchronized swimming 1982-1989.

COURSES

- FEBRUARY-MARCH 1982 - YEAR OF MEDICINE DIRECTED BY DR. MARCOS CALF.
- JANUARY 1983 - REFRESHER COURSE DISORDERS - ALIGNMENT OF THE SPINE, DISPLASIA AND CONGENITAL HIP DISLOCATION - Hospital Concepción.
- MAY 1983 - COURSE "DISEASES OF THE FEET" DIRECTED BY DR. VILADOT. BARCELONA.
- JUNE 1983 - COLLABORATED AS TEACHER IN THE 2ND COURSE "MEDICINE OF EFFORT.
- SEPTEMBER-OCTOBER 1983 - COURSE " KNEE ARTHROSCOPY INTERNATIONAL " Hospital La Paz.
- MAY 1984 - COURSE "PATHOLOGY OF THE HIP, SPINE AND LOWER LIMB" CONCEPCION CLINIC.
- JANUARY 1989 - "IX INTERNATIONAL COURSE OF DISEASES OF THE KNEE". FREMAP MAJADAHONDA MADRID.
- April 1989 - "II ADVANCED COURSE Arthroscopic Surgery" ASEPEYO COSLADA MADRID.
- HIP ARTHROSCOPY COURSE HELD DURING THE INTERNATIONAL ASSOCIATION CONGRESS IN ARTROSCOPIA A CORUÑA 2011.
- COURSE ANKLE ARTHROSCOPY (UPDATE) CONGRESS OF THE SPANISH ASSOCIATION ARTHROSCOPY MAY 2012.

COMMUNICATIONS AND PUBLICATIONS

- February 1990 - "COMPLEX FRACTURE OF THE DISTAL TIP" La Fraternidad MADRID.
- May 1990 - "HERBERT SCREW IN THE TREATMENT OF SCAPHOID CARPIANO FRACTURES ". SOMUCOT MURCIA.
- May 1990 - "EXTERNAL FIXATION OF distal radius FUNCTIONAL TREATMENT " HOSPITAL SAN

MILLAN, LOGROÑO.

- May 1992 - "ARTHRODESIS ANKLE ARTHROSCOPY." NAL CONGRESS ASSOCIATION OF FOOT SURGERY. CORDOBA.

- May 1992 - "OSTEOSYNTHESIS INJURY " NAL CONGRESS ASSOCIATION OF FOOT SURGERY CORDOBA.

- OCTOBER 1992 - SECOT CONGRESS OF GRANADA. COMMUNICATION AND VIDEO: FRACTURE OF THE DISTAL TIP - EXTERNAL FIXATION.

- SEPTEMBER 1991 - MAGAZINE "PROGRESS OF TRAUMATOLOGY" REVISION OF CONCEPTS OF DISTAL RADIUS FRACTURES.

- NOVEMBER 2002 S.E.T.L.A. (VALENCIA). Calcaneal fractures.

- NOVEMBER 2003 S.E.T.L.A. (CORDOBA). Subacromial SYNDROME. Subacromial decompression.

- MAY 2007 CONGRESS OF THE SPANISH ASSOCIATION OF ARTHROSCOPY (SEVILLA): BREAKING OSTEOCONDAL KNEE.

- APRIL 2009 - CORACOPLASTY ARTHROSCOPY PUBLISHED IN THE "JOURNAL OF ARTHROSCOPY " THE SPANISH ASSOCIATION ARTHROSCOPY. No. 38. VOL. 16 Booklet 1.

- NOVEMBER 2009 - COMPLICATION OF ANKLE FRACTURE IN DIABETIC FOOT. CONGRESS OF THE SPANISH SOCIETY OF TRAUMATOLOGY LABOR (SETLA).

- OCTOBER 2010 -SUTURA ARTHROSCOPIC COMPLEX OF INJURY IN FIBROCARILAGE PUBLISHED IN THE MAGAZINE "JOURNAL OF ARTHROSCOPY " THE SPANISH ASSOCIATION ARTHROSCOPY. No. 43 VOLUME 17, PAGE 37.

- MARCH 2011 SPEAKER "DAYS OF ROTATOR CUFF arthroscopic surgery" IBERMUTUAMUR HOSPITAL MURCIA.

- COURSE ARTROSCOPIA ANKLE (UPDATE) INTERNATIONAL CONGRESS OF THE SPANISH ASSOCIATION OF ARTHROSCOPY, MAY 2012.

- JUNE 1983 - TEACHER IN THE 2ND COURSE "MEDICINE OF EFFORT" MADRID.

- NOVEMBER 2009 SPEAKER IN THE COURSE OF ULTRASOUND. CENTRAL HOSPITAL OF DEFENSE. MADRID

- PARTICIPATED FROM 2009 TO NOVEMBER 2014 IN SUCCESSIVE OFFICIAL COURSES GIVEN BY

IBERMUTUAMUR IN MADRID, ULTRASOUND AS SPEAKER IN ANATOMY OF SHOULDER,
DIRECTOR OF COURSE DR. ALARCÓN GARCIA (SPANISH SOCIETY OF ULTRASOUND AND SHOCK
WAVES)

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**Medical Team - IMTRA - Instituto Madrileño de Traumatología - Incoma Medical Center in
Madrid**



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Services provided by the IMTRA Incoma Clinic

Services of the IMTRA Incoma clinic include:

Traumatology and Orthopedics

The Madrid Institute of Traumatology (Instituto Madrileño de Traumatología - IMTRA - Incoma) has a team of specialists led by Dr. Enrique Galindo Andújar, providing the highest level of medical services to patients in the field of orthopedic surgery and traumatology.

Arthroscopy

Arthroscopy is a minimally invasive surgical procedure. It allows us to inspect, diagnose and treat any damage to a joint. The advantages over traditional open surgery are that the joint does not have to be fully opened up.

Fully Open High Field Magnetic Resonance Imaging MRI scanning

Treatments with resonance results in just 48 hours. IMTRA Incoma in its clinic in Madrid, Spain offers fully open high field MRI (Magnetic resonance imaging) which offers unparalleled picture quality and greater patient comfort. With a field of 1.0 Tesla, superior even to some closed resonances, IMTRA Incoma is able to obtain very high quality images, almost without noise, in only about 20 minutes, whilst the patient is sitting comfortably. This fully open MRI scanner combines the latest cutting edge technology in image quality (the images obtained have a definition like a conventional closed MRI: 1 Tesla) together with maximum comfort for the patient because he or she can just sit comfortably in a chair outside the machine, and so only entering the limb to be analyzed within the receiving antenna. IMTRA Incoma obtains very accurate images of the arm, including the elbow, wrist and hand, or of the leg, including the knee, ankle and foot getting the image quality and consistency you would get with a more powerful magnet, thanks to the patient moving less and as the antenna better fits around the joint.

HBOT Hyperbaric Oxygen Therapy

Hyperbaric medicine, also known as Hyperbaric Oxygen Therapy (HBOT), is the medical use of oxygen at a level higher than atmospheric pressure, in a hyperbaric chamber. The hyperbaric chamber that we have in our medical center, is one of the most modern monoplace chamber. It is at the disposal of athletes and patients. The medical and sports uses of the hyperbaric chamber are:

- Decompression sickness (divers, aviator, etc.)
- Treatment of sports and athletic injuries and sports performance enhancement:
 - o Prevention and treatment of injuries caused during sports and exercise;
 - o Physical preparation of the athlete, sportsman, sportswoman for high level performance;
 - o Increase exercise tolerance;
 - o Treatment of and speeded up recuperation from overtraining (when the intensity of the exercise has exceeded the recovery capacity of the athlete);
- Treatment of cases of delayed healing of wounds, fractures and other injuries;
- Carbon monoxide or cyanide poisoning;
- Sudden hearing loss, central retinal artery occlusion, ischemic encephalopathy, etc.;
- Gas gangrene.

The benefits of the hyperbaric oxygen therapy are:

- Hyper oxygenation (restoring oxygen to depleted cells and tissues);
- Help to clean toxic gases;
- Assisting in the growth of new blood vessels;
- Formation of collagen and new tissue growth;
- Enhanced white blood cell's increased ability to destroy bacteria and fungi;
- Reduce swelling, inflammation, bruising, infection, scarring and recovery time from surgery and injury.

Human Growth Factors Treatments - Plasma Rich in Growth Factors (PRGF) (PRP)

Treatment with growth factors specialist clinic in Madrid Spain for treatments for Chronic tendonitis, sports injuries, cartilage injuries, fibromyalgia, myofascial syndrome, fractures and degenerative joint lesions. Dr Enrique Galindo Andujar and the IMTRA Incoma clinic in Madrid Spain carries out treatments with growth factors in the following cases: Chronic tendinitis Being able to reverse in some cases local inflammatory processes and thus also reduce pain. It gives very good results in Achilles tendonitis, plantar fasciitis and epicondylitis (otherwise known as tennis elbow). Sports injuries Such as muscle or tendon injuries and ligament injuries of any joint, reducing downtimes of professional and amateur athletes, sportsmen and

sportswomen. Cartilage injuries - Pain trigger points In conditions such as fibromyalgia or myofascial syndrome, where there is widespread muscle pain. Fractures Contributing positively to the consolidation of the fractured bone. Degenerative joint injuries Contributing positively in the case of degenerative joint injuries.

Physiotherapy and Rehabilitation

The IMTRA Incoma physiotherapy and rehabilitation center in Madrid has vast experience in this sector, achieved after 20 years of experience. The clinic works with private patients, patients from the leading medical and mutual insurance companies in Spain and patients referred from the Spanish Social Security. All our physiotherapists are fully qualified and certified professionals and have extensive individual and group session timetable availability slots that can be adapted to best suit your professional and personal schedule.

Physio-Pilates / Pilates

For private patients we offer exclusive personalized treatment programs and now also Pilates and PhysioPilates sessions including after-work Pilates classes on weekday evenings.

Clinical Psychology

Clinical psychology, adult, child, anxiety, couple, addictive behaviors, phobias, stress, depression, low self-esteem, eating disorders, obsessions, problems of adjustment to bereavement, personality disorders, fears, jealousy, shyness, phobias, anxiety, depression, behaviour problems, social skills. Wellness and conflict resolution - Clinical psychology IMTRA Incoma's specialist psychologist José Luis Muñoz Blanco helps individuals, families and couples solve problems and resolve conflicts. His principal areas of specialisation include: • Adults: - Anxiety, phobias, stress, depression, self-esteem, eating disorders, obsessions, problems of adjustment to bereavement, personality disorders. • Children and teenagers: - Fear, jealousy, shyness, phobias, anxiety, depression, behavior problems, social skills. • Couples: - Decision-making, communication, conflict resolution, negotiation skills. • Addictive behaviour.

Advanced Rehabilitation

Conventional Radiology

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Dental Surgery

The Incoma dental practice prides itself on the kind of warmth of treatment that you can only get from a personalised, individual service that cannot be offered by franchises or the low cost dental practices. Incoma and Dr Beatriz Galindo guarantee you the peace of mind that you can

only get from a truly experienced and professional who will always be there both for you and for your family. Patients can relax knowing that all operations are performed or personally supervised by Dr. Beatriz Galindo, who is not only one of Spain's leading dentists but also a well respected university professor for the master's course in dental surgery and implants at the Universidad Alfonso X in Madrid. Treatments offered by the Incoma dental surgery and Dr. Beatriz Galindo include: Periodontics Endodontics Pediatric dentistry Maxillofacial surgery Orthodontics Dental implants Dental prosthetics Oral pathology and also cosmetic dentistry such as: Dental whitening Veneers / porcelain crowns Modeling with composite aesthetic contouring Dental rejuvenation Cosmetic surgery of the gums Veneers / temporary crowns.

Doctor Beatriz Galindo Martens dentists Incoma dental surgery

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Doctor Enrique Galindo Andujar Traumatology, orthopedic surgery and arthroscopy specialist with clinic in Madrid Spain. Surgeon specialised in shoulder, elbow, wrist, hip, knee, ankle and foot surgery.

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station Guzman el Bueno.

Websites in English:

<http://www.enriquegalindo.net/>

<http://www.enriquegalindo.eu/>

Websites in Spanish:

<http://www.enriquegalindo.info/>

<http://www.enriquegalindo.biz/>

<http://www.imtra.eu/>

<http://www.incoma.info/>

Twitter:

<https://twitter.com/enriquegalindoa>

<https://twitter.com/imtraincoma>

Blogs in English:

<http://drenriquegalindo.blogspot.com.es/>

<http://rehabilitationmadrid.blogspot.com.es/>

<http://arthroscopysurgeon.blogspot.com.es/>

<http://growthfactortherapy.blogspot.com.es/>

<http://hyperbaricoxygentherapyhbot.blogspot.com.es/>

<http://dentistmadrid.blogspot.com.es/>

Blogs in Spanish:

<http://enriquegalindoandujar.blogspot.com.es/>

<http://imtra.blogspot.com.es/>

<http://incoma-madrid.blogspot.com.es/>

<http://artroscopiagirugiaartroscopica.blogspot.com.es/>

<http://resonanciaabierta.blogspot.com.es/>

<http://medicohiperbarico.blogspot.com.es/>

<http://losfactoresdecrecimiento.blogspot.com.es/>

<http://tratamientosantiedad.blogspot.com.es/>

<http://aportedecelulasmadre.blogspot.com.es/>

<http://rehabilitacionavanzada.blogspot.com.es/>

<http://fisioterapiafisioterapeutas.blogspot.com.es/>

<http://psicologiaclinicamadrid.blogspot.com.es/>

<http://radiologiamadrid.blogspot.com.es/>

<http://clinicadentalenmadrid.blogspot.com.es/>

Other blogs:

<https://www.flickr.com/photos/imtra/>

<http://www.flickrriver.com/photos/imtra/>

<http://instagram.com/imtraincoma>

<http://imtraincoma.tumblr.com/>

<http://www.scoop.it/t/doctor-enrique-galindo-andujar>
<http://about.me/doctorenriquegalindoandujar>
<http://www.slideshare.net/EnriqueGalindoAnduja>

Video Channels:

<https://www.youtube.com/channel/UCp-xYqW2tUpbcCNUdN9A9O8g>
<https://www.youtube.com/channel/UChIgc4wVUN2g13PKZ19exLg/feed>
<https://vimeo.com/user33145267>

Audio channels and podcasts:

<https://soundcloud.com/imtra>
<https://audioboo.fm/imtra>

LinkedIn and professional networks:

<https://www.linkedin.com/pub/enrique-galindo-andujar/23/a75/718>
https://www.linkedin.com/company/instituto-madrile%C3%B1o-de-traumatologia?trk=top_nav_home
https://www.linkedin.com/company/incoma-investigacion-y-cirugia-ortopedica?trk=company_name
<http://es.beperk.com/enriquegalindo/>
<https://independent.academia.edu/EnriqueGalindoAndujar>

Facebook pages:

https://www.facebook.com/pages/Enrique-Galindo-Andujar/1417861568470556?skip_nax_wizard=true#
<https://www.facebook.com/pages/IMTRA/760189797326718>
<https://www.facebook.com/pages/Resonancia-Abierta/237556323115539>
<https://www.facebook.com/pages/Incoma-Investigacion-y-Cirugia-Ortopedica-Dr-Galindo/715740265116067?id=715740265116067&sk=info>
<https://www.facebook.com/pages/Oxigenoterapia-hiperbarica-clinica-Imtra-Incoma-tratamientos-en-Madrid/672234049529068#>
<https://www.facebook.com/pages/HBOT-Hyperbaric-oxygen-therapy-in-Madrid-Spain-Imtra-Incoma-clinic/786552791366882>
<https://www.facebook.com/pages/Factores-de-crecimiento-tratamientos-IMTRA-Incoma-clinica-en-Madrid/508319862603818>
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<https://www.facebook.com/pages/Consulta-de-Psicologo-Madrid-Psicologia-Clinica-Jose-Luis-Munoz-Blanco/135456739962667>
<https://www.facebook.com/pages/Rehabilitacion-fisioterapia-fisioterapeutas-fisio-pilates-Madrid-IMTRA/442465232563594#>
<https://www.facebook.com/pages/IMTRA-rehabilitacion-fisioterapia-fisioterapeutas-fisio-pilates/738670959528397?ref=hl#>
<https://www.facebook.com/pages/Physiotherapists-physiotherapy-rehabilitation-center-physio-pilates-Madrid/143257152511303>

<https://www.facebook.com/pages/Clinica-dental-IMTRA-Dentista-en-Madrid-Doctora-Beatriz-Galindo/857763314250029>

Google+ in English:

<https://plus.google.com/u/0/b/110539549385291840562/+EnriquegalindoNettraumatologistmadridspain/about>

Google+ in Spanish:

<https://plus.google.com/b/105934240065727813666/105934240065727813666/about?hl=en>
<https://plus.google.com/b/103418489801459515558/103418489801459515558/posts?hl=en>
<https://plus.google.com/u/0/b/102090681291519705213/102090681291519705213/about?hl=es>

Google Site in English:

<https://sites.google.com/site/drenriquegalindo/>
<https://sites.google.com/site/traumatologyclinicmadridspain/>
<https://sites.google.com/site/arthroscopymadrid/>
<https://sites.google.com/site/hyperbaricoxygentherapyhbot/>
<https://sites.google.com/site/growthfactorstreatments/>
<https://sites.google.com/site/openhighfieldmriscan/>
<https://sites.google.com/site/customhipprothesis/>
<https://sites.google.com/site/customkneereplacement/>

Google Sites in Spanish:

<https://sites.google.com/site/doctorenriquegalindoandujar/>
<https://sites.google.com/site/imtramadrid/>
<https://sites.google.com/site/imtratraumatologiamadrid/>
<https://sites.google.com/site/clinicadetraumatologiamadrid/>
<https://sites.google.com/site/artroscopiamadrid/>
<https://sites.google.com/site/incomamadrid/>
<https://sites.google.com/site/camarahiperbaricamadrid/>
<https://sites.google.com/site/ohboxigenoterapiahiperbarica/>
<https://sites.google.com/site/factoresdecrecimientomadrid/>
<https://sites.google.com/site/fisioterapiafisioterapeutas/>
<https://sites.google.com/site/protesisdecaderaamedida/>
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<https://sites.google.com/site/consultapsicologiamadrid/>
<https://sites.google.com/site/rehabilitacionavanzadamadrid/>
<https://sites.google.com/site/aportedecelulasmadre/>
<https://sites.google.com/site/tratamientosantiedad/>
<https://sites.google.com/site/dentistasmadrid/>

Services of the clinic IMTRA INCOMA :

Traumatology (pathology of the hip, knee, ankle, foot shoulder, elbow and wrist) -
Contribution of human growth factors in platelet-derived pathologies - Rehabilitation from

Traumatology - Physiotherapy - Conventional Radiology - Fully Open Magnetic Resonance Scanning for extremities (MRI Scan) - Hyperbaric Oxygen Therapy Chamber - Arthroscopy - Orthopedic Surgery - Dental Surgery - Psychologist Consultations - Advanced Rehabilitation.

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